



YOU PLAN TO TRAVEL TO CORSICA BY AIR OR SEA

In order to limit the spread of the SARS-COV2 virus during your travel, it is recommended you carry out a virological test prescribed by your doctor within 48 to 72 hours before your departure for Corsica. Analysis of this nasopharyngeal test by a medical biology laboratory will determine whether or not the virus is present at the time the test is carried out.

For your travel and stay, the transport authorities will require a self-attestation from you declaring the absence of symptoms of COVID-19 or contact with a person/persons who has/have tested positive.

In order to clarify your information on **this self-attestation** we provide you with a questionnaire that you can keep with you. It can be useful for you to consult during your stay.

**1- During the 15 days that preceded my trip, did I have any unusual symptoms?
Such as: (tick the boxes)**

- A fever (temperature above 38C, 100F)
- A cough or coughing more than usual
- Shortness of breath (when I speak or exert myself)
- Loss of sense of taste
- Loss of sense of smell
- A cold (runny nose)
- Sore throat
- Chest pains
- An unusual tiredness or a change in my general state of health
- Muscle pains and/or any unusual aches and pains
- Headache
- Nausea or vomiting
- Sense of disorientation
- Diarrhea

If I have one or several of these symptoms I will talk to my doctor

2- Have I been in direct contact (face to face within one meter and/or for more than 15 minutes, with neither me nor the patient wearing a mask) with a person who tested positive for Covid-19 within the 15 days prior to my trip or with any person who has any of the above symptoms without taking any protective measures?

(Protective screen, physical separation, surgical mask, FFP2 or any mask worn by the infected person)

- Yes
- No

If Yes, I will talk to my doctor



COLLECTIVE RESPONSIBILITY IS EVERYONES BUSINESS

- ✓ During the trip, I will carry with me **several masks and antiseptic hand gel** and I will observe preventive measures such as wearing a mask, hand washing and social distancing.
- ✓ When I arrive, in ports and airports, a control of my body temperature, by thermal camera, will be offered to me.
- ✓ During my stay, if I (or any member of my group) shows any of the above symptoms, I will call **116 117**: a doctor will direct me to the nearest consultation to obtain a rapid prescription, if necessary, for a RT-PCR test.
- ✓ A list of **test centres** is available on www.sante.fr.
While waiting for this consultation I **will isolate myself and wear a mask**, if possible a surgical mask.
- ✓ Prior to my trip, I will download the Stop Covid app and activate it.
- ✓ If I have difficulty breathing, I will immediately call **15** (or **114** for people with hearing disabilities)

For more information visit www.corse.ars.sante.fr

BY BEING ALL RESPONSIBLE, WE'LL STOP THE EPIDEMIC !

A SUMMER WITHOUT COVID IN CORSICA

- ✓ I respect hygiene measures and social distancing.
- ✓ After use, I dispose of my single use mask into the trashcan (no recycling).
- ✓ I respect the instructions if I have COVID related symptoms or have been in contact with an infected person.

REPUBLIC FRANÇAISE
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Agence Régionale de Santé
Corse

WHAT TO DO WHEN THE FIRST SYMPTOMS OF COVID-19 START TO MANIFEST

If you have COVID symptoms, even if they are minor :
**Fever - Cough - Sore throat
Runny nose - Loss of taste or smell**

YOU MUST

- ✓ Get immediately in touch with a doctor by phone or call :

116 117
- ⚠ **DO NOT GO TO A MEDICAL FACILITY YOURSELF**

If you have trouble breathing or other advanced symptoms, dial **15** or **114** for hearing disabilities people.

- ✓ Have the screening test prescribed by a doctor quickly done
Chek for nearest screening centers available on [www.santé.fr](http://www.sante.fr) (think about activating geolocalisation)
- ✓ Isolate yourself immediately wear a mask, if possible a surgical one.

WHAT TO DO IN CASE OF POSITIVE TEST ?

You must remain isolated in a room separated from others.

- ✓ If I am unable to remain isolated, I warn the doctor who will guide me towards the « assistance isolation » group, according to my situation.
- ✓ Help the doctor or health insurance by providing a list of people with whom you have been in contact these past 2 days.
- ✓ I can download the STOP Covid app and declare myself. StopCovid helps protecting yourself, others and medical staff by preventing the epidemic spread.

Further information available on the website corse.ars.sante.fr



SELF-ATTESTATION ON NOT HAVING COVID-19 SYMPTOMS OR BEING IN CONTACT WITH A COVID-POSITIVE PERSON

This declaration is to be presented to the transport authorities by all travelers to Corsica prior to boarding as well as to immigration authorities and border control.

I the undersigned:

Mr/Mrs/Miss:

DOB:

Place of birth:

Address:

Do hereby declare that I have not been in contact with any person having Covid-19 in the 15 days preceding my travel and do not now, nor in the previous 15 days, have had any Covid-19 symptoms.

Place:

Date:

Time:

Signature :